

**Are you ready to give up feeling depressed, angry and hopeless because Donald Trump got elected by 27% of the population?**

**We have a simple, easy, powerful solution that has already had an impact.**

# INDIVISIBLE

A PRACTICAL GUIDE FOR RESISTING THE TRUMP AGENDA

Former congressional staffers reveal best practices for making Congress listen.

The hard truth of the next four years is that we're not going to set the agenda; Trump and congressional Republicans will, and we'll have to respond. The best way to stand up for the progressive values and policies we cherish is to stand together, indivisible — to treat an attack on one as an attack on all.

This is not what we're used to. We're used to talking about what we believe in. Unfortunately, Republicans control all three branches of government so if we have any hope of keeping the country in the hands of "We, the people," we're going to have to resist. This guide tells us:

- What we can learn from the Tea party: How the Tea party targeted individual representatives of Congress and successfully obstructed most of Obama's goals
- How members of Congress think (hint: re-election, re-election, re-election)
- Identifying and organizing your local group for action (that's us)
- Four tactics that work

Download the Indivisible Guide at: <https://www.indivisibleguide.com> (audio intro, too!)

Read the article in the next South Jersey NOW—Alice Paul chapter newsletter

Fill out the attached questionnaire and return it to [outreach@southjerseynow.org](mailto:outreach@southjerseynow.org) or mail it to South Jersey NOW Indivisible, P.O. Box 2801, Cherry Hill, NJ 08034

**No one has to do everything. You just need to do something.**

**We promise that you will feel better immediately.**

## **SOUTH JERSEY NOW INDIVISIBLE QUESTIONNAIRE**

Remember, no one needs to do all of these. Just pick the one(s) that best suit you.  
Also, you will not be doing them alone. There will be a committee chair who will give you  
explicit instructions on what to do.

### **Calls to Action**

\_\_\_\_\_ Organize Calls to Action. Monitor Facebook page of Action Together NJ, Citizen Action, Move On.org and other websites for time-sensitive issues that need to be addressed immediately.

\_\_\_\_\_ Make daily or weekly (whatever you can do) phone calls based on requests and scripts sent via e-mail.

### **Rallies, town halls and other in-person contacts with Senators/Congressman**

\_\_\_\_\_ Organize and coordinate events. Coordinate with media people on committee to have press there. Record event, take pictures- post to social media. For office visits- do not tell them in advance that you're coming; introduce your group; ask something specific and relevant to upcoming legislation; have personal stories of people to tell (very powerful). Ask to see Senator or Congressman first. Then the person in charge of office. Don't get handed off to Intern (they will not do this if media is there). Don't take "no" for an answer. After meeting- take video of what happened. Share with hashtag Indivisible.

\_\_\_\_\_ Attend rallies, office visits, town hall meetings with Senators/Congressman.

### **\_\_\_\_\_ Tech Support**

\_\_\_\_\_ **News Monitoring.** Track news about Congressmen and Senators and any major Congressional news/decisions.

\_\_\_\_\_ **Congressional Office Tracking.** Track websites for your Senators/ Congressman regarding scheduled events and upcoming votes. This is essential so that we can schedule group visits to their offices, and attend Town Hall and ribbon cutting events.

\_\_\_\_\_ **Check indivisible directory weekly.** Contact new groups to see if they want to merge or combine resources.

\_\_\_ **Read, answer disseminate e-mails**

\_\_\_ **Social Media:** Recording events then share on Facebook (post photos one by one), Facebook live, twitter (quotes work well). Share with Indivisible- hashtag Indivisible. After meetings, take pictures and share #StandIndivisible stories on Facebook and Twitter. Email [field.indivisible@gmail.com](mailto:field.indivisible@gmail.com) to share what went well, what didn't.

\_\_\_ **TV/Newspapers:** Get articles written. Send press releases prior to visits (email and confirm they got it). Arrange for reporters and TV to be present at events. Have people with personal stories prearranged, have them practice their stories. Look up local media outlets, influential blogs, AP. Write Letters to the Editor. Meet with Editorial Board- offer OpEd piece. Find out who has connections.

\_\_\_ **I have other skills** not mentioned above (graphic arts, sign making, data entry, writing, legal skills, media contacts, etc.). They are:

\_\_\_ **I don't have specific skills but am willing to learn and help.** Tell me what you need.

Name \_\_\_\_\_

Address \_\_\_\_\_ Town, State, Zip \_\_\_\_\_

E-mail (REQUIRED) \_\_\_\_\_

Phone \_\_\_\_\_ day \_\_\_\_\_ pm \_\_\_\_\_ cell

**COMMENTS, QUESTIONS, SUGGESTIONS:**